

RECOVERY
FOCUS

WORKING TOGETHER WEEK

The theme of the week is

'BETTER CONNECTIONS'

2 – 6 November • 11am – 2.30pm each day



4 EXCITING WORKSHOPS

- **Resilience**
 - Coping skills for wellbeing
- **Connected Through Creativity**
- **Positive Relationships**
 - Understanding the impact of past experiences
- **Inspire the Nation Meditation**

PLUS A selection of recovery stories, live entertainment from comedian Dave Chawner, a demonstration of the RfConnect client access portal and much more!

SIGN UP TODAY!